

Families OSC Meeting

Dawn Robson, Designated Clinical Officer

April 2024



Why Are We Here Today?

- Look at how we in Health are supporting schools for children with Chronic Health Conditions
 - Look at the data around children in our schools with the most common health difficulties
- Give an update on our health promotion work around Asthma, Allergies, Diabetes and Epilepsy
- Medications management in Schools – what's next?
- Other ways we are supporting Schools



- Support the ICB meet legal requirements/embed SEND Reforms for our children and young people 0-25 with SEND
- Support with improving communication and links with partners
 - Work with families to support with any concerns/issues including health difficulties
- Point of contact for LA, Schools, Colleges, Health Professionals
 - Support schools on regular basis with health issues/links with health professionals/support with transition at all points and especially with our pupils with complex health needs to care of their GP from Paediatrician care



So what is the Data showing

Asthma: Approximately 2,275 children and young people in Gateshead (0-24 years)

Epilepsy: (years) Approximately 225 children and young people in Gateshead (0-24 years)

Diabetes: 126 Children and Young People in Gateshead with Diabetes (0-19 years)
122 with Type 1 and 4 with Type 2 Diabetes



Funding has been allocated to support roll out of Asthma reviews in Schools

- Pilot is underway and getting some really good feedback from both parents and children receiving review
- Masterclasses – more to come

Emergency Health Care Plans for children with Asthma, Epilepsy and Allergies

- Do you have a copy in school – any issues please get in touch

- Support available from:
 - www.BeatAsthma.co.uk
 - www.epilepsy.org.uk
 - www.beatanaphylaxis.co.uk

All children who have an asthma diagnosis and also have any allergies to foods should also be prescribed with an adrenaline auto-injector device





Allergy Information For Schools



Gateshead School Catering have created an allergens and special diets guide for schools and parents to follow. The updated information can be found at <https://www.gatesheadschoolcatering.co.uk/article/7435/Allergies-and-special-diets>.

If you have any queries, please contact Catering & Cleaning on 0191 433 5522 or alternatively SchoolCatering@Gateshead.Gov.Uk.

Included in the link there are Special Diets Introduction
Special Diet Menu Templates
Step by step Guide for Parents and Schools
Special Diet Form
Nut Peanut Safety Statement



Carbohydrate counting

Carbohydrates count for diabetic pupils

Example school
carb counted
menu

Menu Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
1st choice	Cumberland sausages 8g , gravy, champ mashed potatoes 15g , carrots and peas 1 sausage = 4g 2 sausages = 8g	Beef burger sourced from local butcher 5.5g in a wholemeal bun 27.2g , hand cut potato wedges 25g , tomato and iceberg salad or vegetable medley	Roast Pork, Yorkshire pudding 10g , mashed potatoes 16g , steamed vegetables and gravy	Chicken and sweetcorn pizza 21g with tomato and basil pasta salad 26.4g	Battered cod 23g and chips 25g with peas
2nd Choice (Vegetarian)	Three bean chilli 18g with steamed rice 38g/35g , vegetables and sprinkle of cheddar cheese	Veggie Bolognese 4g , pasta 26.4g , garlic bread 11.3g and salad	Falafel 20g flatbread 40g with cabbage slaw and couscous salad 22g	Swedish style meatballs 6.3g in onion gravy 2g , mashed potatoes 16g , served with vegetable medley	Cheese and onion stuffed potato shells 9g with BBQ beans 16g
Dessert	Strawberry jelly 18g with fruit salsa 5g	Fruity tray bake 23g	Peach pastry tarts 29g	Chocolate & orange marble 25g cake with custard 9g	Fruit salad 12g

- Support for Schools with Over-the-Counter Medications
 - Policy has been adopted with support from Suzanne Dunn, Service Director Education, Schools & Inclusion and Melanie Maitland, Strategic Lead for Schools & Early Years alongside the ICB Medicines Optimisation Team

This will support Schools when parent requesting medications be given that has not been prescribed by their GP, following a short illness.

Parental Agreement included with Guidance to support Schools



How else do we support Schools with Health issues?

Learning Disability Annual Health Checks – discuss with Young Person and Parent at EHCP reviews from Year 9 onwards

- LD Postcard/LD Questionnaire for Parent/Carer

GP Kitemark work

- Currently a roll out of the GP Friendly Kitemark Accreditation
 - Support young people to attend GP practice from age of 14 years independently

Teenage Resource

- Little Book of Useful Stuff – just been published
- Links to the Healthier Together Website for support

Signposting to additional Services who can support and offer Training ...





Emotional health and resilience

Self esteem

Healthy lifestyle choices

Bowel and bladder issues

National Childhood measurement programme

Health assessments to support Children in Care

Safeguarding

And much much more..... Give us a call 03000031918



Harrogate and District NHS Foundation Trust
Don't forget Our 0-19 App has a 'live chat' function to enable young people and parents to speak directly to a member of the school nursing team.



Gateshead 0-19 Service
Health Visitor / School Nurse 03000 031 918
spoc.hdfgateshead@nhs.net

Safeguarding- Dr Karen Hutchinson-
karen.hutchinson9@nhs.net
Dr David Jones- david.jones3@nhs.net

Designated Clinical Officer (DCO) Tel:
07342081199 - dawn.robson4@nhs.net
SEND Health Team
nencicb-ng.sendhealthteam@nhs.net

Clinical Genetics, Centre for Life
0191 2418758/2418741

Travel Care Development Manager
0191 433 7484
GemmaCurran@Gateshead.gov.uk

Education:
SEN Team 0191 433 3626-
senteam@gateshead.gov.uk
SEN Inclusion Team (HINT, LINT & Portage)
0-4 referrals & Portage Tel 0191 433 8734-
portageenquiries@gateshead.gov.uk
HINT & LINT Tel 0191 433 8530-
hintenquiries@gateshead.gov.uk
[lindenquiries@gateshead.gov.uk](mailto:lintenquiries@gateshead.gov.uk)

School Safeguarding Lead:

Gateshead's Local Offer

Children's Social Care (For safeguarding advice and referral)
0191 433 2653, Out of Hours: 0191 477 0844
Designated Social Care Officer, Tara O'Donnell
[taraodonnell@gateshead.gov.uk](mailto: taraodonnell@gateshead.gov.uk) 07714640428



Children & Young People Service (CYPS)
Single Point of referral (SPA): Tel 0303 123 1147
NGSPAadmin@cntw.nhs.uk

SENCO:



Occupational Therapy (OT)
0191 433 5058
ghnt.communitychildrensoccupationaltherapy@nhs.net

Physiotherapy 0191 445 3124
ghnt.paeds.physio@nhs.net

Speech and Language Therapy (SALT) 0191
445 6667
ghnt.bensham.salt@nhs.net

Children's Community Nursing Service 0191
283 4660
Gan-tr.gatesheadccnt@nhs.net

Children's Bladder and Bowel Service 0191
445 8417
Ghnt.qegatesheadbb@nhs.net

Paediatric Nutrition and Dietetic Service QE
ghnt.paediatricdietitians@nhs.net
Tel: 0191 445 2074

Children's Diabetic Service QE 0191 445 6456

Single Point of Contact - **ONLY** for Children with
EHCP – to identify current services involved.
Ghnt.communitychildrensservicesenquiries@nhs.net
available from 02.04.24

Queen Elizabeth Hospital 0191 482 0000
Newcastle Hospitals 0191 2336161

School Nurse:

<https://gateshead-localoffer.org/>